

## Sandwiches or Rolls

Vegemite/Jam	1.50
Cheese	2.00
Egg & Lettuce	3.50
Ham – gluten free	2.50
Chicken	3.00
Salad	3.00

**Extra Fillings: each** .50

- Lettuce, cheese, tomato, grated carrot, cucumber, beetroot.

Gluten Free bread available

## Wraps

Chicken	3.00
Ham	3.00

**Extra Fillings: each** .50

- Lettuce, cheese, tomato, grated carrot, cucumber, beetroot

Gluten free wraps available

## Toasted Sandwiches

Cheese	2.50
Cheese & Tomato	3.00
Cheese & Vegemite	3.00
Ham	2.70
Ham & Cheese	3.20
Ham & Tomato	3.20
Ham, Cheese & Tomato	3.50
Chicken	3.20
Chicken & Cheese	3.50
Chicken Cheese & Tomato	3.80

Gluten Free bread available

**RED – OCCASIONAL**

## Hot Food

Macaroni Cheese	3.50
Lasagne	3.50
Pie – Cottage	3.50
Meat	
Sausage Roll	3.00
Beef & Vege Roll (Gluten Free)	3.80
Chicken Nuggets – 3	1.50
6	3.00

Hot Dog	3.50
Hot Dog with Cheese	4.00
Pizza Slab – Hawaiian	3.00
BBQ Meat Lovers	

Hash brown	.50
Sweet Chilli Chicken Wrap	4.00
- Chicken Strip, lettuce, tomato, grated cheese & mayo	

Chicken Burger	4.00
- Chicken patti, lettuce & mayo	

Chicken & Gravy Roll	4.00
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Hamburger	4.00
- Meat patti, lettuce, tomato, grated cheese & sauce	

## Drinks

Water	2.00
Plain Milk	1.50
Flavoured Milk – Chocolate	2.00
Strawberry	
Banana	

Juice - Apple	2.00
Apple & Blackcurrant	
Orange - Orange & Mango	
Orange & Passionfruit	

Iced Tea – Peach, Raspberry	2.00
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**AMBER – SELECT CAREFULLY**

## Salad Bowl

Standard bowl includes:	4.00
Lettuce, tomato, cucumber, carrot, beetroot	
Add Cheese	.50
Add Ham	1.00
Add Chicken	1.00
Add boiled egg	.50

## Fruit Snack

Riviana Fruit Salad Tub	1.50
Apples – Plain or Slinky	1.00

## Snack Break

Fingerbun	2.00
Muffin – Chocolate, dbl choc, b'berry	2.00
Jelly Cup – blue, green, red	1.00
Cheese & Biscuit pack	1.50

## Snacks & Special Treats

Iced Donuts	2.00
Gingerbread Kids	1.50
Popcorn	.50
Red Rock Chips - Honey Soy	1.00
- Sea Salt	1.00
Jumpy's – Green (Chicken)	1.00
Piranha Snaps – bbq - gluten free	1.00

## Cool Treats

Ice Blocks only available to

Upper Campus Students

Iced Mony	.50
Zooper Doopers	.50

Due to the health & safety act the tuckshop cannot reheat food brought from home.

**GREEN – HAVE PLENTY**

*St Mary's Tuckshop aims to provide students and staff with a variety of healthy food and drink choices to ensure better learning and overall health.*

*These foods will be prepared and stored in accordance with the food safety guidelines ensuring that students and staff have access to high quality and safe food.*

*Please note: if your child has a food allergy or special requirement please let us know.*

## Tuckshop Days

*Thursday*

*Friday*

All orders are  
to be placed no  
later than  
**7.30am** the  
day of order.

FlexiSchools Website:  
[www.flexischools.com.au](http://www.flexischools.com.au)

### HEALTHY FOOD CHOICES

**RED** – OCCASIONAL

**AMBER** – SELECT CAREFULLY

**GREEN** – HAVE PLENTY



**St Mary's School  
Warwick**

**Tuckshop Menu  
2019**

